

Dear Temple House of Israel Congregants and Frier	۱ds,
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### From the Rabbi's Desk

It was a joy and a pleasure to celebrate the High Holiday season with you. As you know, the High Holy Day period is a time of introspection, of self examination, of looking back and seeing where we fell short. Of course, there is room to improve. None of us is close to perfect. But we need to catch ourself (and our loved ones) doing good, being just, acting righteously, being godly. We each had those moments, and we need to remember them just as much as our failures. We realize we have so many blessings to acknowledge, so many good memories to revisit, so many wonderful relationships in which to take pleasure, so many things to be grateful for, and so very many successes, large and small, that pepper and festoon our year.

Our job is not to be perfect, but to seek to make more successes (and thereby fewer failures) ourself, and to help our loved ones to do the same. Ultimately, to seek to change the balance so there is more good than ad things to account for in our life. In this way, the spirit and meaning of the High Holy Days and this season will extend through the year and we will be on the path to being a better self.

Rabbi Joe's message begins on page 7 🛁

Of Note Sightly different format. Students are free to come to either or both locations (Staunton and Harrisonburg) twice a month (once in each location) on Sundays at 3:30 to 5 pm. The text studies will be something different each session; a copy of the text to be read will be provided. This course if FREE. The preferred background is sufficient familiarity with the Hebrew alefbet to decode and follow the text, but please don't be intimidated. Contact me by email to register or to ask any questions about the course. rabbijoeb@hotmail.com.

The **Basic Introduction to Hebrew** course (the Alefbet and Vowels), sponsored by the National Jewish Outreach Project's Read Hebrew America program) also began in October at Temple House of Israel. For those of you who want more than this level, Ruth Chodrow is offering a set of follow-on courses. Please contact her to inquire about them. rchodrow@gmail.com.

Be sure to mark your calendar and come to a special **Havdalah and Documentary** evening on November 18th. We will start at 6:30 with Havdalah (about 10 minutes) then watch the uplifting and satisfying documentary "The Power of Good" and have a discussion immediately following. The story is of what one person did just because it was the right thing to do. All congregants are invited as well as others in the community for this evening.

## Reaching the Rabbi

Please note: Rabbi Joe may be reached by email at RabbiJoeB@hotmail.com
(Other email addresses may not reach him in a timely fashion, or at all).
He reads email regularly, except on Jewish Holidays. or Shabbat, when he does not use the computer. His cell number is 925-272-8563 (925-2-RAVJOE).
Telephone messages left at the Congregation number are only checked sporadically.
PLEASE CALL if you have any urgent messages or in case of an emergency, and please let Rabbi Joe know if you or anyone you know is ill or would want a call or visit for any reason.
You are also invited to contact Rabbi Joe to arrange an appointment to meet. Rabbi

You are also invited to contact Rabbi Joe to arrange an appointment to meet. Rabbi Joe will be happy to make an appointment to speak with you, so that he can offer you his full, undivided attention.

### **News from the Pews**

- **Mazel tov** to Debbie and David Jacobs on the birth of their granddaughter, Colette Monroe, born on October 17th to their son Josh and his wife Megan.
- **Refuah Shelemach:** Wishing and praying for a speedy and full recovery for Daniel Heifetz, Greg Ciszek, Kate Goldenberg (granddaughter of Vicki and Alan Goldenberg), Dennis Ward and Rabbi Lynne Landsberg. To Jim Clark, Michelle Clark and their daughter Lauren, Leah Farmer, Nancy Witt, Steve Guberman, Sue Solomon, Shirley Brand, Dan Schorsch, Linda Jones (Dan and Ellen Schorsch's daughter), Joanne Simons (Carla Donley's aunt), and Tom Davis (Gail's husband).
- Ellen Werther will be spending Thanksgiving with her grandson, Myles, in California.

New WELCOME!

Alan and Tumay Goldsmith who left New York City because he recently retired and they were looking for a change of lifestyles. Tumay grew up in Istanbul and Alan in New York City. They were seeking a much smaller town. Something like Mayberry with Class. They found it in Staunton and the Valley. Instead of looking at the Empire State Building in the morning, we are awakened by a herd of cows. They love it! Alan has three grown children and two grandchildren.

### Happy Birthdays to

November Celebrations

r Tom Pereles celebrates on November 4th
Karen Blair on November 5th
Jordan Kristoff on the 10th
Both Leah Farmer and Sue Solomon celebrate on the 12th
Jacob Goldenberg on the 15th
Debbie Jacobs will celebrate on the 30th
David Young celebrates 30 years on November 25
Asher Brand celebrates on November 26



Happy Anniversary to Sarah and Byron Grove-Humphries

The Women's Group meets on the second Tuesday of the month at 2:00 pm in the temple social hall. No dues ... just good hearts doing good things and having fun.

> *Everyone is welcome to attend More information on the next page*

### Women's Group

**Team Tikvah** was named Top Team for our fundraising efforts at the **Greater Augusta Out of the Darkness Walk** on **October 21**. It was a beautiful day to walk in Gypsy Hill Park! Thanks to Debbie Jacobs for coordinating all of us and to all the people who donated funds toward this worthwhile cause. And thanks to our walkers: Bonnie Brown and her son Sam, Ruth Chodrow, Gail Davis, Leah Farmer and her friend Pat, Debbie Jacobs, Ellen Schorsch, Buffy Shapiro and her daughter Sammy, Karen Lange and Beth Young.

Last spring the Women's Group donated 13 filled Journey Bags for children entering the foster care system. These bags are filled with necessary items and some personal items to ease a child's placement into the system. At our last meeting, the members voted to do this again. The requested items are listed below. You do NOT need to supply all the items in a bag—any contribution will be appreciated. **The items should be new**. We hope to fill the bags at our next meeting on November 12th before the holiday season starts.

<u>7-9</u> v	year-olds	boys and	girls

shampoo	
Underwear	
pillowcase	
pajamas	
socks	
coloring boo	ks

lotion comb or brush hair ties blanket Chap-stick journals body wash toothbrush/toothpaste stuffed or small toy backpacks pens/crayons/pencils books & child's bible

10-12 year-olds boys and girls

Eliminated from the list above: coloring books, crayons and pencils Added to the list above: deodorant, games or activities

Michelle and Jim Clark have made a generous donation to be used by the Women's Group in Adam's memory. They send their thanks with gratitude to all those who made the service and reception for Adam all they could have hoped for. Special thanks to Debbie and David, Beth and Rich, Rosalie, Ruth, Kay, Bonny, and Elizabeth as well as to Debby and Taylor, who were all there from beginning to end.

Michelle has offered to be the new chair for our **Caring Committee.** Many thanks to Ellen Schorsch so has so ably sent cards and flowers to members in need for the past year. If a member is ill, in the hospital or needs something specific and you, *any one of you*, know about it, first ask the person if it is okay to share the news with the congregation and then notify Rabbi Joe, if that is appropriate. Then notify Michelle who will respond from the Caring Committee. Please contact Michelle via email at michelle\_clark@verizon.net.

A reminder that the flamingoes are available to delight and celebrate a birthday, anniversary or any special occasion for only \$25. Call or email Debbie deb1130@hotmail.com or 540-688-8058.



Elizabeth Schwartz has agreed to chair our **next meeting on November 12th at 2:00 pm** in the social hall. We'll be filling bags for foster children under the auspices of Phyllis Meador at First Choice Realty. Debbie Jacobs will chair the December 10th meeting.

Religious School	Our religious school will join others on November 19th with a Global Day of					
SHORTY						
Pre-School	If you have any very young children (ages 0-5), the pre-school program meets each week from 11:15-12:30 when religious school is in session. Thanks to Rebekah Greenfield and Jessica Levine for leading the activities and celebrations.					
	We honor the memories of our loved ones at this season					
November	Burton Blair		Jack I	Brodsky	Fannie Cohen	
Yahrzeits	George Dege	n	Betty	Donenfeld	Sadie Werther	
Turnzents	Ida Klein		Max	Freeman	Esther Goldberg	
	Julius Goldbe	erg	Beryl	Gutnick	Harry Harris	
	Ada Kaufman Paul Lewis		Ralph Lurie			
	Abraham Peretz Bernice		ce Raskin	Joseph Rosen		
	Ralph Rosen Louis Rosenthal		Leopold Schorsch			
	•	Ethel Shapiro Louis Shapiro Fannie Switzer Julius Switzer		Fannie Barth Strauss		
				•	Jacob Wilhelm	
Board of Directors Contact Information	VP Bldgs Secretary	Bonny Strass Ellen Werthe Ellen Boden Ruth Chodre Patty Sutker Larry Sutker Doug Degen Alan Golden Richard Your Joe Blair	er 703 ow berg ng	885-8715 430-4343 8-401-2939 886-2252 456-6647 456-6647 996-8651 885-6878 885-1481 5-272-8573	bonstrassler@comcast.net junetenth1935@gmail.com championsresource@hotmail.com rchodrow@gmail.com lpsutker@yahoo.com ceolhs@gmail.com dbd@ntelos.net adgvlg@gmail.com richardfyoung@gmail.com	
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# DonationsThank you to these generous people who have recently made donations to<br/>Temple House of Israel

In memory of Adam Clark, son of Michelle & Jim Clark Mar	tin Stein and
•	
Fran a	ind Bob Clay
	Sue Solomon
Beth and	l Rich Young
Roy, Susan and Jac	ob Appletree
David and Gwy	nn Litchfield
Lewis and	Bobbi Dunn
Marshall and	Judy Forbes
Valley Subaru—	-Scott Simons
Ellen Werther (b	uilding fund)
Larry and Patty Sutker (b	uilding fund)
	Peter Winik

In honor of the Chodrow and Young families ..... Laura and Mark Mandeles

For Yizkor	Mike and Bonnie Brown
	Ruth Chodrow
	Gail Davis
	Doug and Martha Degen
	Steve Goldfarb and Elaine Smith
	Alan and Vicki Goldenberg
	Alan and Tumay Goldsmith
	Sarah and Byron Grove-Humphries
	Art Goldsmith and Jan Kaufman
	Heidi Lasser
	Lynne Landsberg and Dennis Ward
	Laura and Mark Mandeles
	Dahlia Neiss and August, Indiana
	and Severine Caldwell
	Rich and Beth Young
In Memory of Ed Solomor	n Sue Solomon
In Memory of Celia Lewar	ndowski Michelle and Jim Clark
In Honor of Rabbi Lynne I	andsberg and Dennis Ward Lorrie and Michael
	Landsberg
In Honor of the High Holi	days Pnina Armour
	Inna and Alex Thomka
	Dennis Ward and Lynne Landsberg
To the General Fund	Joseph Siron

#### Dining in the Hut, Sleeping in the Field

### Rabbi's Message

The last week and a half of September consisted of the Yamim Nora-im, the days of Awe, including the High Holy Days of Rosh Hashanah (Jewish New Year) and Yom Kippur (Day of Atonement); the most solemn days in the Jewish calendar, but also days of celebration of the rulership and kingdom of G-d, of G-d's compassion, mercy, justice and love. On top of that, this year Yom Kippur fell on Saturday, the Sabbath, the very holiest day of the Jewish calendar, so it was elevated even further, to the status of the Sabbath of Sabbaths-making it all the more sacred, and increasing the sense of solemnity and holiness of the day. And then, only five days later, on the evening of October 4th, we started a set of three (!) additional holidays, though they are often treated as one. Fortunately, this year November has no Jewish holidays falling in it other than Shabbat, the Sabbath—otherwise we would collapse from the surfeit of celebration! First comes Sukkot, the Festival of Booths, and the harvest festival. This is a celebration of Thanksgiving (in fact this is the holiday that was being celebrated late when the Temple in Jerusalem was restored by the Maccabees after it had been desecrated and also the celebration on which the Pilgrims may have based their concept of Thanksgiving, which we have made a secular holiday on the 4th Thursday of November). Sukkot has two intertwined themes. First, it is a time of gratitude to G-d for creation of the world, and the bounty

and beneficence that we enjoy in the world through the natural processes of the seasons, sun and rain, fertility of the land, the plants and trees that grow and fruit, and all that we harvest and sustains and supports us, all of which we attribute to G-d's design and plan.

Second, Sukkot reminds us of several different points in our collective history. Earlier, the time we were wandering in the wilderness, when the world was a harsh place, and G-d was there to provide for and protect us, as a loving parent or a caring spouse (as we read about in the books of Leviticus and Numbers, with G-d leading us as a pillar of smoke and fire, and providing the manna to sustain us, and indicating to us when to camp and when to move on). Later, the time we were in the land, somewhat nomadic, and moving about in a cycle from place to place to plant and harvest the crops (as we read about in the story of Ruth in the fields of Boaz), when we would set up booths and dwell in the fields temporarily. In both instances, we were in the midst of G-d's creation, close to it, able to see it all around us, and to recognize how dependent we are upon it, and how much a part of it we are.

As an aside, I see this as a powerful argument that we are to love the earth as part of G-d's creation, and that our obligation is to care for it and not to waste (Bal tashchit), or to rapaciously destroy what we cannot bring into being. It does not belong to us—it is G-d's, and should be treated with respect and restraint. This is why I see the continued use of limited and scare resources such as fossil fuels, when there are alternatives that do not have this effect already available and ready to apply, and the ongoing destruction of habitat for creatures that have existed for millennia and the creation of threats to human life such as the construction of pipelines to get to those resources, as violations of our obligation as humans to respect and care for and serve as caretakers for the earth and all the creatures in partnership with G-d.

So we celebrate Sukkot with three things.

First, we return to the custom of building a hut or booth—a sukkah, plural sukkot, and we 'dwell' in it to remind ourselves of the time we were wandering

# Rabbi's Message (cont'd)

with G-d in the wilderness: what you might think of as the 'honeymoon' of Gd and Israel, in the image of Israel as G-d's spouse. We sit, eat meals, and even sleep in the sukkah as possible, our temporary shelter, made with a roof and sides that are incomplete so we are open to both creation and G-d around us. To enhance the performance of this act, we 'beautify' it by decorating the Sukkah, and by making it as lovely and as welcoming as possible. We recite as many blessings as are appropriate as we undertake these various activities. Second, we acknowledge creation and G-d through ritual. For this we use a set of four species of plants, known as the lulav and Etrog. The lulav is the combination of a palm branch, willow twigs, and myrtle twigs, held together in a woven reed basket handle. The Etrog is a fruit related to lemons, but much larger and more fragrant, and having almost no edible pulp. We hold the lulav and the Etrog together, and wave them in six directions—left, right, back, forward, down and up-while reciting a blessing, acknowledging G-d is everywhere in the world and all the world is G-d's. Some also see the lulav and Etrog as symbolically representing the four (typological number) kinds of people, levels of creation, understandings of the text, matriarchs, and so on. Third, we invite others to join us in our Sukkah. This can be a lovely chance to visit with friends and relative, but it is also a spiritual action. We are encouraged to invite the presence of our ancestors to join us and to celebrate with us. There is a custom to invite specific people from history or the Jewish past, to wish for the blessing of being able to be more like them in our own lives. These guests are called Ushpizin. Often we 'invite' one or more of them each evening, with the idea that through their presence their traits and characteristics will influence s and help us to be better people.

Sukkot is celebrated for eight days. The last two of these days have special features. The seventh day is known as Hoshanah Rabah (the great hosanna, literally great supplication) in reference to the practice of marching in a series of circuits (hakafah, plural hakafot) while chanting prayers and psalms, and in this case, while beating the willow branches as we walk, until the leaves fall off. This is seen as a sign of faith; willows require a great deal of water, and this is the day on which we usually begin to ask for the blessing of rain in the season.; beating the willows is a demonstration of our trust that G-d will answer our pleas and provide the rain.

The following day, the eighth, is still considered part of Sukkot, but it is of a rather different character. The first seven days of Sukkot are viewed as universalistic celebration. The concept is that all peoples were welcome to come to the Temple and thank G-d, and sacrifices were offered on their behalf making it an awfully large number of sacrifices in total. It is a busy, hectic time. On Shemini Atzeret, however, it is the Hebrews turn. This is a day for them to spend time 'along' with G-d, a sort of quiet after-party, if yo will, or a chance to catch up and chat after all the guests have gone home. Shemini Atzeret is usually translated as eighth [day] of tarrying, or perhaps in a more modern vernacular, 'the eighth day to hang out and chill'. The feeling for Shemini Atzeret is much quieter, more contemplative, and includes the recitation of Yizkor, the memorial prayers for those who are no longer with us. Finally, not part of Sukkot, but directly abutting it, is the holiday of Simchat Torah, rejoicing in the law, or instruction. This is a celebration of the giving and receiving of the Torah at Sinai, symbolized by the Aseret Hadibrot, the ten

# Rabbi's Message (cont'd)

Commandments, but that is not accurate because at least the first one—or two—are not commandments, but rather statements, not things we can 'do'). This is one of the three pilgrimage festivals, times when people should go to the Temple and bring their offerings.

Torah is, of course, central to Judaism, so this is a big holiday in that respect, and we show our joy and pleasure by literally dancing with the Torah scrolls. This is also the moment in the Jewish calendar when we complete the cycle/circuit of Torah readings (54 parashiot through the year), reading the final section of Deuteronomy, and immediately turning back and starting the Torah again with the first section of Genesis. To celebrate this completion and new beginning, we march around in seven circuits (hakafot) while dancing with the Torah and singing. Many children remember this as a fond recollection; they are given flags and sometimes apples, and make up a parade!

In some congregations the custom is to unfurl the Torah, unscrolling it completely so that it can all be seen at once, and in some places an abbreviated version of the story is told while walking along and pointing to the place in the Torah scroll where the events are happening. This is a visually impressive and memorable moment, recalled fondly by those who have seen it (though it does tend to make many rabbis quite nervous). ;-) As we circuit, phrases including the words 'Ho-shi-a-nah,' 'Hatz-li-cha-nah,' and 'Ah-ney-nu' - save us, sustain us, answer us—are repeated. The seven hakafot are also based on a typological number which implies completion and wholeness, and indicates the uninterrupted flow of G-d's power through the world we can see. That concludes our brief look at the threefold holiday season that falls so close after the High Holy days. Next comes a time of relative quiet on the Jewish calendar, which means that there are no specific additional holidays (other than Rosh Chodesh for the new moon, and Shabbat weekly) from the end of Simchat Torah on October 13th until the evening of December 12th when we begin the holiday of Chanukah.

May this time of relative quiet on the holiday front be one of many blessings for you and your loved ones. May the secular holiday of Thanksgiving (or its equivalent in Canada and other locales) be filled with good things and happy memories. May we all bring the blessings of the High Holy Day season forward into this year, and may it be a good year for all of us.

Rabbi Joe Blair